



Message from Claire

We have had a bit of a break since the last issue of the newsletter! This issue is extra special as it is the first issue which bares our new name! 'Headway Worcestershire' is now officially the name for our service, which runs throughout the whole of Worcestershire! This is great news for adults with brain injuries and their families all across the county

Claire Wagstaff-Townend

Action For Brain Injury Week! 13-19 May

Get thinking caps on for fundraising ideas and things we can do to promote Headway Worcestershire and the issues that surround brain injury. In the past we have completed, art exhibitions, primary school workshops, face-painting, fetes, newspaper stories etc. Lets get creative and think of something special!

Choice Checkers!

Late last year Jean, Roger, Paul and Bob helped with Choice Checkers. Choice checkers are support workers who came to ask what outreach clients thought about their service.

Jean, Bob, Paul and Roger all worked really hard. They used their knowledge of brain injury and Headway to put forward their ideas and (very honest!) opinions, they also provided the views of other Headway clients about which services they felt were needed in Worcestershire. In the end they supported Headway to get the necessary points and funding for the outreach to continue their work. Well done guys!!!



For helping they received certificates from Supporting People and Headway National. Choice Checkers will be back later on in the year to ask about Day Centre funding.

Sponsor our Newsletter:

We are looking for sponsors for the Newsletter to help cover the costs of printing it. In exchange we will print a banner on the Newsletter with your company's details. Any possible sponsors – however big or small the sponsorship, please get in contact on 01905 729729

Calendar

15-21 April 2013

National Parkinsons Awareness week

22-28 April 2013

Wallace and Gromit's Big Breakfast s

25 April 2013

Equality and Diversity Meeting at Headway. 10am

Health and Safety Meeting Meeting at Headway. 10am

13-19 May

Action For Brain Injury Week!

6 May Bank Holiday

23 May

Safeguarding Meeting 10am

8th June

Carers Group Open Day

Wool Required



Some of the day centre clients wish to knit premature baby clothes to donate to the hospital and also blankets for hospice. If anyone has or knows of any wool that people are not using can they please donate to the day centre.

Carers
Group

Open Day

Saturday June 8th 2-4pm at Headway Worcester. Everyone welcome, light snacks will be provided. We would like to invite service users and their carers to an open event to discuss the future of our new Carer's Support Group. We are hoping to have a guest speaker and it will be an opportunity for you to tell us what you would like from the service. If you would like to attend, just turn up on the day, or for more information please contact Tracie Finnegan @ Headway 01905 729729.

Malvern Outreach



Bye bye Lenny!
We would like to wish **Lynette Waller** all the best as she leaves to start a new career in April. Lynette has worked tirelessly for Headway for nine years and at some

point has worked in nearly every area of the services we provide. She has been a great asset to Headway and will be greatly missed by staff and clients alike. We wish her lots of luck and want to take this chance to say thank you! Keep in touch Lenny!

Staff have been battling the snow recently, which was not something they anticipated at this time of Year!

Worcester Outreach Team

Christmas is now a far off memory but the memories we do have are FAB. The service users' party was fantastic and was enjoyed by all. Unfortunately, the New Year began sadly for Worcester Outreach Team as **Keith Finch** passed away. A collection has been made and a year round Christmas Tree is being planted in Keith's memory at Dickinson Court.

The team waved goodbye to **Richard Prothero** as he moved over to the Evesham Team, we say cheerio at a party at McDonalds in St Johns.

New residents moved in to Dickinson Court and would like to welcome **Richard Blewitt** and **Tracie Woodhouse**.

Everyone is looking forward to the warmer weather!!! Best Wishes to all, from Lyn and the gang.

Brickfields Bungalow

We hope you all had an enjoyable Christmas and New Year. Both Jean and Emma had a very busy time leading up to Christmas, they had lunch at the Barn Owl with the Bungalow support team, held a "fish and chips party" inviting their friends Roger and June, and Jeff and David with their carers at Brickfields. Stuart also joined us it was lovely to see him so happy



and doing really well living the bachelor life in his new pad. (I might add we are still waiting to be invited to dinner Mr Wright!). Everyone had a fantastic evening and asked when we will be doing it again so watch this space. Emma and Jean also went to the party at the Vine and really enjoyed the evening.

The New Year started with **Jean** celebrating her grandson Charlie's first birthday. On March the 6th Jean was the birthday girl "happy birthday Jean". Jean went out with her friends and brother for the day and enjoyed a pub lunch and dinner in the evening at her friend's home before returning to a birthday cake and presents at the Bungalow, what a lovely day.

In February Emma and Jean went with staff to **Roger's birthday party**, the "karaoke King" was in fine voice "Elvis was in the building" great night Roger thank you we hope you enjoyed your special day.

Emma has started a new college course and received an award at Huntington Hall, with her proud Mum looking on, well done Emma.

Now we are looking forward to finding out what the rest of this year has in store for us all. Already the garden at the bungalow is showing signs of spring with the daffodils and tulips in bud and the birds are singing and building their nests. The staff have already been pruning the shrubs and can't wait to mow the lawn but as it has been so waterlogged we think we will have to wait a few more weeks.

Evesham Outreach

The service would like to welcome **Rich and Amy** to the team. **Rich**, who has worked for Headway for some time now, transferred over to the team from Worcester Outreach after helping us out just before Christmas.

Amy is a new member of staff who has a wealth of experience in the care industry. Both are settling in well.

Worcester Day Ops

We said goodbye to **Barry, Val and Claire** on the 28th March with a party at the Day opportunities. Some of the service users had sneakily come in to decorate and make preparations for the party. Lots of people attended (the centre was full to bursting) and it was enjoyed by all. Barry and Val are retiring and Claire will be continuing her dreams of being an illustrator and music teacher.



Good luck all three - don't be strangers and come back and visit!!!

We would like to welcome new volunteers **Daniel Mulvey**, and **Charlotte Sedgwick** to Headway. Daniel will be helping Pat in the Kitchen as he is studying hospitality and Charlotte is aspiring to support adults with acquired brain injury at the college. We hope they enjoy volunteering for us. They are joining a team of volunteers that keep Headway running - we could not continue to offer the services we provide without the commitment of those volunteers - thank you to all our existing volunteers for being super - we really do appreciate how much time and support you give to us and the service users!

We would also like to extend a warm welcome to **Alina Matei**, new care worker at the Day Opportunities. Alina has a psychology degree and has joined us from Nationwide Care, which has given her a lot of experience of working with people with many disabilities. She is looking forward to getting to know all the friendly faces at the Centre.

As there has not been a newsletter for a long time, we were not able to give **Nettie** a welcome on paper! I think we all agree she has taken to Headway like a duck to water and is fitting in fantastically - great to have you aboard Nettie!

Hayley Brown and **Paul Gammon** went to a meeting at County Hall to have a say over how Day Services need to be looked at and what they felt was important in Day Services. This was a general discussion over all day centres for different organisations. If you would like to contribute your ideas for the next meeting, please see Helen or put your message or comment in the comments box in reception. More recently Emma, Marky, and Ray went, however the meeting had been cancelled, so we went for a coffee and a cake instead! These meetings are every few months and if you want to be involved then let Helen know.



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