

WORCESTER & MALVERN OUTREACH



Worcester Outreach raised a staggering £80.00 from their Macmillan Coffee Morning on Friday the 27th September. Thank you to everyone who participated - we all ate some lovely cakes – all for charity of course ;-).

Malvern Outreach Macmillan Coffee Morning raised £43, whilst a fete at Ranelagh Road during the bank holiday weekend in August raised over £200.



WORCESTER DAY OPS

We wish a big welcome to all our new volunteers; **Pat, Emma, Rebecca, Charlie, Cristina, Catherine and Billie.**

In the last few months **Mary Gleaves** has carried out interview training with some of the clients. This has proved very successful and the clients have helped to appoint new support workers to the Headway team.

We have a new **Onside Advocate** called **Jackie** who comes to the centre once a month. She will help with any concerns you have in your life and will advocate on your behalf where you may need it. Please see your support workers for more information.

Mary Gleaves also made a presentation at Worcester College of Technology to try and encourage more students to spend their work experience time with us.

Worcester Day Ops are making animal collages and art work.

Please donate any fabrics and craft materials which have animals on them or are animal print so that we can create some amazing displays.

Any other arts and crafts materials are also welcome – we are not fussy – bubble wrap, bottle tops, wool, buttons, egg boxes – anything you have lying around!



Calling all clients to help get Christmas celebrations started

CHRISTMAS PARTY!

A Christmas 'do' has been arranged for Wednesday 4th December 2013.

It will be at The Perdisswell in Worcester at 7pm.

There will be a meal, party games and a disco.

The cost is £5 per ticket Headway will pay the other £5.

There are a limited number of places so book quickly to avoid disappointment!



Find us on facebook **Headway Worcester Trust Ltd** and add us as a friend



Message From Mel

I am writing to introduce myself as the new Chief Executive. Alan has given me a thorough induction and I was pleased to meet some of you on my 'Worcestershire Tour.' My career background is in health and social care, having led a charity in Bristol called Milestones before taking a 'grey gap year.'

I am really pleased to have been given that opportunity to lead a Worcestershire charity, as I've lived in Worcester for the last 28 years, and I have a real passion for quality care services. My definition of quality is to put myself in a service user's shoes and ask is this service good enough for me if I needed support or care?

It's obvious that a lot has happened in the last few years – merging the two Worcestershire Headways and dealing with reduced income from social services / supporting people, responding to changing demands from regulators (CQC) and commissioners (people who fund our services). I hope I can add some value to what we do. My initial priorities will include marketing and getting a new website because the world of health and social care is becoming very competitive. Another priority will be looking at how we do things. Commissioners and regulators want more and more records keeping so they can be sure we are doing our jobs properly. I need to

see if we can do this better and save 'admin time' so that we have more time to spend with service users.

There will be difficult times in the next few years as government funding cuts continue to mean that local and health authorities will expect us to 'do more for less.' However, I am optimistic that our good reputation, sound finances and our quality staff will see us through the difficult times. I am looking forward to meeting you all.

Mel



...STOP PRESS...STOP PRESS

New Chair of Headway Worcestershire
It has been a month of retirements and **Peter Sweetland** stood down as Chair of Headway Worcestershire at the AGM. Thanks for all your hard work Peter. The newly elected Chair is **Mary Gleaves**.

Good quality donations are needed for the charity shop – winter coats, formal wear, women's party dresses and shoes.

Calendar

Tuesday 5th November
Fireworks Night.

Sunday 10th November
Remembrance Sunday

Monday 11th November
Armistice day

Wednesday 20th November
World Day of Remembrance for Road Traffic Victims

Tuesday 3rd December
International Day of Disabled Persons

Wednesday 4th December
Client Christmas do

Friday 6th December
Staff Christmas do

Thursday 12th December
Health and Safety Meeting

Wednesday 25th December
Christmas Day

Thursday 26th December
Boxing Day

Harvest Festival

We would like to thank all the children at **Lyppard Grange Primary School** for their generous donation of Harvest Festival goods. The food will help make hundreds of meals for our clients at the day opportunities in Worcester throughout the year.



The AGM

Headway's AGM took place in September and was well attended by service users, volunteers, staff, Trustees and even the Mayor.

The AGM saw the launch of one service for the whole of Worcestershire with the merger of the North & South Worcestershire branches. "We want to provide a consistent service across the whole of Worcestershire and this is the best way to do it" Chairman **Peter Sweetland** explained.

The AGM also marked the retirement of **Alan Purchon**, who retired from his position as Director at the end of September. Alan worked for Headway for 11 years starting as the Manager of the Worcester Day Centre and then becoming Director. "I enjoyed working in the motor and distribution trades, but running a charity has been the most rewarding." Colleagues praised Alan for his quiet authority and ability

to get things done. Members were able to say farewell to Alan as he was presented with a commission by local artist and Headway Trustee **David Birthwhistle**. The painting was of Alan's house and his cherished vintage car. Alan will be greatly missed by all his colleagues and the people who use Headway services.



New Starters

We would like to say a huge Headway welcome to all new staff that joined the teams in the last few months.

Finance Manager **Simon Guest**.

New support workers in Malvern and Worcester Outreach, Stourport and Worcester Day Ops

Susie Romero

Annette Frascina,

Susan Johnstone

Verity Frieze!

After many years of hard work, **Kathy Monk retired** at the end of August and we wish her all the best for her future and hope she thoroughly enjoys her retirement

STOURPORT AND BROMSGROVE DAY OPS

We would like to congratulate **Richard Baker** on playing an instrumental role in the recent client interviewing panel. He is a real success story; after a year of attending our services he now feels confident enough to interview support workers. Well done Richard!



Stourport ended the summer with a garden party which was kindly arranged by **Jan Beale**. We had a barbeque with hotdogs, burgers, chicken, Indian food too, and of course no Stourport party would be complete without a beautiful cake made by **Jeanette O'Malley**. Huge thanks to both Jeanette and Jan for all their hard work.

Rachael and the Day service said a fond farewell to **Jan Beale** on 3rd

October, she has been a real asset to Stourport over the last 3 years and we wish her well for the future.



STOURPORT AND BROMSGROVE OUTREACH

Well done **Andrew Gilbert** on your recent appointment as a volunteer at our charity shop in Lowesmoor, We are sure you'll fit in well and enjoy your experience!

Congratulations **Amanda Bater** on your newly appointed position of Assistant Manager for Stourport and Bromsgrove, the whole team and clients are really pleased for you.

In addition **Mark Lethaby** had his birthday and wanted to go to see his favourite football team 'The Baggies' (West Brom). He had a great time as this is something he has not done for many years. Unfortunately, they lost or you could say they came second, but have started to win again since Mark went to a match!

We are currently busily working on arrangements for Christmas. This year we will be cooking **Christmas dinners** for all our clients. So North Worcestershire Outreach clients hurry along and **book your tickets**. The team are also asking for donations to carry out a raffle for the occasion.

Evette would like to thank the team for all their hard work and dedication. Keep up the great work guys!



Fresh Volunteers!

We have been working closely with the University of Worcester's Students' Union for three years now to provide students with the opportunity to volunteer and boost their skills.

Students have been recruited to fill a range of roles for Headway's services, which have included helping with social media, fundraising, support in the day services and supporting in the charity shop. Students who have volunteered with us have then been able to use their newly acquired skills to complement their academic achievements – improving their employability and enhancing their CVs.

We took the opportunity to team up with **Hardnutz Helmets** to promote the benefits of wearing cycle helmets to students at the University's Fresher's Fair, whilst promoting the benefits of volunteering for our local good-cause at the same time.

After Hardnutz generously donated Helmets to us we were able to give away five as part of a prize draw offered to students who were interested in volunteering with us. This helped us to enjoy our highest level of interest in volunteering yet. Two of the winners were **Ben Norris** and **Alistair Watson** (pictured).



RUNNING TO SUCCESS!



Hello!

My name is Nicola and this year I have run not one, but two half-marathons in aid of Headway. I have been working closely with three Headway centres; Headway Black Country, Headway Worcestershire and Headway North Staffordshire.

Having spent time at each of these centres has enabled me to see the invaluable support that they provide to those with head injuries.

I am hoping to raise as much money as possible from having taken part in the GREAT NORTH RUN on September 15th and the BIRMINGHAM HALF-MARATHON on October 20th!

If you could spare as little as a pound it will be greatly received.

To sponsor me please visit:

<http://uk.virginmoneygiving.com/NicolaBaker4>

If any clients want to give money please see Helen @Worcester Day Ops

Craft Stall

On Sunday 15th September Nettie from Worcester Day Op's, organised a craft fair stall in Droitwich High Street. A big thank you to all clients, who contributed their time and skill to make craft items. A special thank you to our volunteer Verity (who is now a Care & Support worker) for all her help and support on the day too. The total raised was £184.76, but would have been more had it not been for the bad weather. Further fundraising projects are in the pipeline so watch this space!

