



## Charity Football Match and BBQ!

**On the 14th of May a Charity Football Match was organised to take place on the 'Tudor Grange Academy football pitch 'just up the road from Dickinson Court. It was a roaring success.**

Stalls were set up and refreshments provided. Volunteers from Worcester Outreach Team staffed the day as did some very kind customers who drink at the Vine Inn. Tombola & Raffle prizes were donated for the day as were cakes and books to be sold on the stalls. The event was enjoyed by clients and staff alike.

A BBQ was organised to take place at the Vine Inn on the afternoon after the football match for all the hungry fundraisers. There was also a singer organised for evening entertainment. Lyn was sponsored to wear a clown costume all day. With the raffle and with all the other proceeds of the day combined, the expected total will exceed £1000.00!! This is a wonderful achievement.

**Thank you to everyone who came out and supported**



## These boots were made for walking

**And that's just what they did! On Hats for Headway day, Friday the 13th of May, Stuart Wright did a sponsored walk around George v playing fields wearing a very fetching hat cheered on by the staff and other brickfields tenants, who also wore silly hats.**

The weather stayed fine which was a great relief for Stuart as he did not want to get a soaking as well as sore feet. Stuart and his fan club celebrated his wonderful achievement by ordering bacon sarnies all round from the local sarnie shop. We haven't got a total of the monies raised but we think it will be approx. £300, which we think is a marvellous effort. Well done Stuart; we will let you know in the next Newsletter the exact amount

## Calendar

**Monday 13th June 2011**

10am Health and Safety Meeting @ Headway Day Ops

**Friday 17th -**

**Sunday 19th June 2011**

Three Counties Show

**Monday 20th -**

**Sunday 26th June 2011**

Community Volunteers Week

**Monday 27th June 2011**

Committee Meetings

**Thursday 7th July 2011**

10am CIP Meeting @ Headway Day Ops

**Friday 8th -**

**Sunday 10th July**

'The Way-a-head' Weekend

**Monday July 18th 2011**

HWTl AGM @ Headway Day Ops

**July 2011**

Rotary Club Boat TRIP

**As a Client-Trustee I would like to take the opportunity to say what a good tool this newsletter is for communicating between clients, staff and trustees. In this issue I would like to discuss a trip to Hanbury Hall, - please see the information overleaf. Chris Tye**

# Primary School Workshops!

**As part of Action for Brain Injury Week, Claire Wagstaff and Helen Dodd visited Powick Primary School to do some workshops on the effects of head injuries and how children can avoid them.**

The school children joined in with brain injury simulation games and discussed the basics of how a brain injury can affect you and how they can protect themselves. The children were advised about road safety and the essential use of cycle helmets and seatbelts. The school also held a 'Hats for Headway' non-uniform day on 24th May with contributions raised being donated to HWTL.

The children really enjoyed themselves with one teacher already reporting back that a little girl has started to use a helmet when she previously didn't.



# Cake Bake

**Our thanks and appreciation to the Department of Education in Runcorn Cheshire for the fabulous cake bake they did during ABI week raising a total of £270.00 for our funds.**

Jane Davies who is Stuart Wright's step sister, and her team of intrepid bakers, Estelle, Thelma, Pam, Diane, Liz, Susan and Joe from "autograph" restaurant baked cream scones cup cakes (buns to Susan) toffee cake, Victoria sponges and lots of other mouth watering goodies. Our thanks also to their wonderful colleagues: the DWP, NHS commercial medicines unit and the Dept for Business Innovation & Skills who were wonderful customers and dug deep into their pockets. Thanks also to the facilities team for granting permission for the event and also helping with advertising posters. I'm sure you will all agree that they are all a great bunch of people and great bakers.



# Dickinson Court in Bloom!

**To celebrate national brain injury week 9th of May until the 15th of May. Anne King from Nexus and Lyn decided to organise a 'Dickinson Court in Bloom' Day on the 7th of May.**



A lot of meetings with Staff and clients took place to make sure that it all went to plan. Lyn wishes to thank all the staff and volunteers who turned out on a very damp and miserable morning. It was such a pleasure to see all the staff and resident volunteers working together to make Dickinson Court an even more pleasant place to live and work. Volunteers from Nexus and from the general public all 'mucked in'. Les Penhalagon made more than a dozen trips to the tip, getting rid of all the mountains of over-grown weeds

and bushes. Lunch was very kindly donated free of charge by "Pizza Hut" who actually came back a second time to replenish the supplies to the busy bees who worked all day. All the slabbed area around the conservatory was jet washed by a volunteer from "Sparkle Cleaning". The Worcester News came along to take photos for the press as did a professional photographer from Nexus. 'Thank You' letters will be going out very shortly to all who volunteered their time and resources



## Hanbury Hall Visit

### Chris Tye is proposing a visit to Hanbury Hall

'Having parked the car you walk up a gravel drive towards an impressive set of iron gates. Once through these you are faced with a beautiful William and Mary-style house. There are many rooms to explore including bedrooms, nursery, smoking room, the lounge and the dining room. Having explored the house you can then explore the estate. There is a superb Parterre with intricate patterns of box hedging. You can follow on through the fruit garden and into the wilderness. Carry on past the bowling green, or maybe have a game, and then go on to the orangery. You can get back to the house via snobs tunnel and go to the café for a refreshing cup of tea and a sandwich perhaps. A visit to the shop to look at some souvenirs will then leave you ready for the walk back to your car. Visiting Hanbury Hall is a good day out and one I would recommend. It is not too far from us and is quite accessible for those not too good on their feet. There is a lift available from the cars to the hall and plenty of places to sit down. The stairs are fairly shallow and not too imposing but could still be awkward for some though. I, am going to organise a trip to Hanbury during the year so please keep your eyes open for any information. I shall be sending out a note to ask as many people as I can to see what interest we have. Please feel free to talk to me about it and I can give you some more information.

Chris Tye.



### Lone Working:

We are currently looking at our Lone Working Policy and Procedure. We would like to make sure it is as good as possible and would like clients and staff to give us some feedback on what we can do to make it better.

The policy is available at every outreach service or you can phone up/email to request a copy.

Lone working procedures are there to protect staff and clients, so we would like to know what we can do to make everybody safer. Put your ideas in the comments boxes or send them directly to Claire Wagstaff or Tracie Finnegan.

### Welcome Back Laura and Fleur!

Welcome back to both Laura Hall and Fleur Reeves after they have returned from Maternity Leave. We hope they settle back in quickly and enjoy their 'rest time' at work!!

### Policy of the month

This month we will be displaying the 'Safeguarding Vulnerable Adults' policy and procedure. Look out for it on notice boards at the Day Ops and at the Outreach Offices and communal areas.

### Surveys

This month we are distributing surveys for carers /relatives to fill in. We hope to get an idea of what they think about Headway and what we can do to improve our service even more. We are also going to send out surveys to stakeholders (social workers, therapists etc) with the same aim. Any completed surveys can be put in the collection boxes at each service and the Day Ops or returned directly to Claire Wagstaff at Headway. Thank you for taking the time to fill them in.

### CIP meetings Local Policing.

These are going really well. We would love to see more faces from the Outreach – if you would like support to attend, please contact your support worker. Come along to the one taking place on June 9th at 10am at Headway Day Ops. We are having the local police coming in as guest speakers to discuss safety in the community and to listen to feedback from clients on how brain injury affects their safety.

If you cannot attend this meeting there are local PACT meetings in your area provided by the police. Ask a support worker to support you to find out more or attend a meeting.

Go to [www.westmercia.police.uk/pact](http://www.westmercia.police.uk/pact)

### Handbooks:

A few clients have said that the print in the handbooks is a little too small. They were designed to be small enough for you to carry

around with you, but should you need a copy in larger print, they are all available as larger copies. Please see the Service Manager to request a copy.

### Charity Shop Volunteers and Donations

We are shortly going to be reopening the Charity Shop in Lowesmoor. We urgently need quality new and second hand items to sell. A regular source of donations e.g., furniture seconds etc would be great. If anyone knows of a company / shop that may be willing to help us out, please let us know. We will also urgently be needing committed volunteers. Volunteers will be supervised and guided by a full time charity shop manager and a part time assistant. Please speak to Claire Wagstaff for more information.

### Safeguarding Meetings:

Staff are reminded that we will be holding the first Safeguarding Meeting on June 6th at 10am at Headway. The purpose of these meetings is to discuss any issues surrounding safeguarding of our clients and their families. Each service will have a representative to attend the meetings and to act as a co-ordinator / mouthpiece for any issues arising at their service. If you would like any issues raised at this meeting please speak to your representative. Clients are welcome to speak to the service representative to have any issues raised and attend the first part of the meeting where general 'safeguarding issues' can be raised. What is discussed at the meetings will be discussed under the terms of HWTL's Confidentiality Policy.

### The representatives for each Service will be

**Day Ops: Claire Tindall**

**Brickfields:**

**Suzanne McManus**

**Evesham:**

**Emma Georgiou-Evans**

**Malvern: Scott Mitchell**

**Worcester: Richard Prothero**

**Chair: Claire Wagstaff**

## News from Day Opportunities

Welcome to **May Herbett, Peter Thompson, Les Powell and Lesley Simmonds** - we all hope you are enjoying your time at the Day Opportunities.

Recently the day opportunities has had a reflexologist attend. **Reflexology** is a form of relaxation and massage. If anyone – clients, staff or carers wish to try it out let Helen or Val know at the Day Opportunities. For those who do not attend the day centre there is a small charge of £5.00 for a session. This fee will be donated Directly to Headway Worcester Trust Ltd.

### Over the next few months we have quite a few birthdays

in June is **Tony Saunders** and in July is **Jenny West Kevin Sampson, Clive Cogan and Patrick Revell**. So happy birthday!!!

Our **jewellery maker is back** and the ladies on a Tuesday are enjoying the sessions. They are making lots of different bracelets, necklaces etc.

Finally we say **good luck to Grant Freeman** who is moving to Birmingham – thank you for all your help as a valuable volunteer

*Helen and the team*

## News from Worcester Outreach

Nexus have now lowered the ramp on entry into Dickinson court which has been a bone of contention for a long time. So a big thank you to Nexus.

Kaz H, Dawn and Mandy organised an **'Easter Bash'** on Good Friday the 22nd of April at Dickinson Court. The sun shone

brightly all day which made it all the more special. Around 30 clients attended. Hot Pork rolls were served followed by a selection of delicious desserts. Dawn also provided beautiful handmade cupcakes that went down very well. A treasure hunt was organised with the winner winning a 'Golden Easter Bunny'. Music was played and it was lovely for all to have a get together. £135 was raised which was used to purchase items needed for the 'Dickinson in Bloom' day on the 7th of May. Lyn wishes to take this opportunity to thank all of the staff that planned and organised a great day, well done.

Worcester Outreach Team have had a challenging few months fitting in a lot of extra support for our well deserving clients. Worcester Team have also taken on new clients which has added to the pressure but Lyn has observed with great pride how her team has faced up to the challenge with great professionalism and cheery smiles. THANKS GUYS.

*Lyn and the team*

## News from Evesham Outreach

It is with great regret that Evette and the team have to say goodbye to **Ben Morgan** who is flying off down under. Naturally he is going to be missed by everyone involved with Headway but we wish him all the best for his future.



In addition **John Parker** will be leaving the Evesham team this month and moving over to the Malvern team full time. John would like to say a big thank you to everyone in Evesham for their openness and support during the time he has spent in there.

On a positive note Evesham Outreach will be welcoming **Emma** back to the team at the start of June. Everyone has missed her and we all welcome her back.

**Barry Hitchcock** has successfully completed the support package provided by Headway. Headway assisted Barry with numerous, confidence, supported to back to work interviews and now Barry has returned to work and is extremely pleased. Again we wish Barry all the best.

*Evette and the team*

## News from Malvern Outreach

The Malvern team warmly welcome **John Parker** full time in Malvern and sadly say

goodbye to **Suzanne McMannus**. Suzanne will be returning back to Brickfields Bungalow this month, but has enjoyed her time in Malvern.

**Heidi Williams** has successfully completed her support package and has now left the service, having worked hard with confidence building, voluntary work and travel training. Heidi has found employment and has enjoyed the support she received from Headway.

The tenants on site are looking forward to a fabulous hot summer with lots of BBO's and hopefully a summer fair.

*Evette and the team*

## Brickfields Bungalow

Hello everyone we hope you are all well and enjoying the warm weather and the longer lighter nights. Seeds in the garden and are having a competition between the tenants and staff to see who grows the tallest one; we will let you know who wins in a couple of months time.

We are pleased to welcome new tenant **Jean Birch** to the bungalow, some of you may have already met her at the day centre. Jean really enjoys drawing and painting and has set up her easel in the conservatory where she is working on a colourful painting of a kingfisher. Jean hopes that she may be able to sell some of her artwork to raise money for Headway, well done Jean.

Many of you will know **David Milner** who lived at the bungalow before moving to Dickinson Court; on May the 4th David celebrated his **60th birthday** with a buffet lunch held at the bungalow. Jeff, Jenny and William from DC along with old friends Olly and Martin, not forgetting Roger and his wife June plus other friends and family had a very enjoyable time. As David said "good food and good friends what more could I ask for" very true David it was a pleasure sharing your special day



Emma Shaw is very happy to announce that her Sister Lisa is getting married in the summer to Leon, Emma is going to be chief bridesmaid and we are all looking forward to seeing Emma in her very posh frock, hopefully we will have some photos for the newsletter, watch this space.



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By the time this Newsletter goes to print Day Opportunities will hopefully have the **new TV and the Wii set up.**

Usage will be restricted to sessions!