



What's up Doc?

We have had the most beautiful large rabbit donated to us with which the Day Opportunities is raising money for day trips.

Pubs are being asked to display a photo of it asking customers to 'Guess her name'. The rabbit is 2'6 high and is so cuddly. It's 50p per guess per client or £1.00 for everyone else. All support workers have the form so if you want to guess then please speak to the support workers or phone Helen or Val on 01905 729729. So far we have raised nearly £50 and it is still going.

Do you know of a local pub, shop, place of work, church, family or friends that might like to display a photograph of this lovely toy and have their customers stand a chance of winning this gift? **The Winner will be announced at Headway Christmas party 22nd Dec 2011.** If you don't want to contact them directly but think they may help phone Headway 01905 729729, we would be happy to contact them directly. The rabbit is on display at Headway – why not call in and see it and have a lucky guess.....?



Merry Christmas everyone!

I hope you are all looking forward to the festive period and to 2012. The Newsletter has been going for just over a year now and I hope you all find it interesting and useful. If you can think of any improvements to the way it is put together, I would be interested in hearing from you – or indeed if there is anything you particularly like about the Newsletter or want mentioned in it. Don't forget the Christmas get-togethers we have planned in December - look at the calendar on this Newsletter for more details!

Claire

Lyppard Grange Primary School Harvest Festival



We have been extremely fortunate to have been given the proceeds of Lyppard Grange Primary School's Harvest Festival. The perishable items were used straight away in the day ops to help make some tasty dinners, and the non perishable items will continue to do the same for many months to come.

Thank you children of Lyppard Grange Primary!

Run Run Run

In the last newsletter we told you how Jane and Zoe had entered to run in the Chester Marathon on the 9th of October to help raise us some much needed funds, we are so pleased to tell you that their amazing feat (feet) has raised well over two thousand pounds! Things did not go quite according to plan as a week or so before the run, on medical advice Zoe had to withdraw, but such was Zoe's determination that she entered to run the Worksop half marathon a week or so later and she did it regardless of all the aches and pains, well done Zoe, fantastic. Although Jane was saddened to lose her running buddy and would now run on her own, she too successfully finished well done Jane, amazing. We have heard that both girls suffered



Zoe at the finishing line Worksop half marathon

terrible blisters and Jane even lost some toenails, what determination and dedication. We would like to say a big thank you to Jane and Zoe and we are looking forward to welcoming the girls to Headway Day Opportunities later in the month when we can give them a proper Headway thank you. Well done girls.



Jane at the finishing line Chester Marathon

Calendar

Thurs 8 December 2011
Client Involvement Meeting at the Day Ops

Thurs 15 December 2011
Staff Christmas do at the Diglis

Thurs 22 December 2011
Clients and tenants Christmas do
7.30pm-11pm at the Vine Pub on Ombersley Road

Wed 11 January 2012
Safeguarding awareness meeting – clients and staff welcome

Thurs 19 January 2012
Client Involvement Meeting at the Day Ops

Thurs 26 January 2012
Health and Safety meeting – clients and staff welcome

Other News

Carers / Relatives Support Groups

We have had a few enquiries recently about carers and relatives support groups. This is really exciting as it is something we have been looking to facilitate for some time now. We will shortly be sending out some questionnaires and would be grateful if you could pass these along to carers and relatives for feedback on what they would like to get out of a group should one be set up. It is really important to have this feedback so that we can make sure the group will do what it needs to.

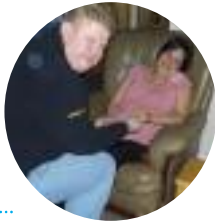
News From Malvern Outreach

Marion Stokes from Malvern has completed a sponsored walk for Headway raising approximately £200! Her 11 mile walk totalling 4 hours (with some well earned rest stops) took her from Hilland in Malvern, up Sugar Loaf Hill and on into Kempsey. Well done Marion! Welcome to Jo Grillo – our new support

Evette Coleman has been temporarily seconded to Headway North Worcester in Stourport as Service Manager. This is a great opportunity for her, and although the guys in Malvern will miss her, they wish her the best of luck Therefore Scott Mitchell has been temporarily seconded as service leader.

News From Worcester Outreach

There's lots been going on! On the 10th November **Sherry Doody and Simon Harrison** got engaged! Congratulations!



Matt Tally from **Carpet Direct** very kindly carpeted the conservatory for FREE. THANK YOU MATT!

Karen Handley is organising a xmas party at DC conservatory for all clients, tickets are going on sale for £5.

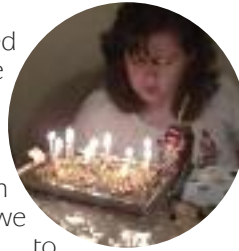
Waitrose at Droitwich have contacted Karen Handley after she pestered them for Easter donations to say they are now fundraising for Headway and will forward a cheque once they have finished

Lyn is now a proud grandmother to a beautiful baby girl - Evie Summer – congratulations Lyn and Family! Lyn is also collecting shoe boxes to send parcels to AFGHANISTAN as her son is serving over there.

Libby Miles has had her graduation at the Cathedral BIG CONGRATUALIONS FROM ALL THE TEAM. Lyn and Karen are busy studying and completing there NVO assignments 'STRESSFUL or WHAT?'

News from Brickfields Bungalow

Emma celebrated her birthday in style at the Bungalow when she invited some of her friends to join her for a fish 'n' chip supper we were pleased to welcome Jeff, David, Roger and his wife June. It was quite a job fitting everyone in but thanks to Val from the Day Opportunities for bringing us an extra table everyone managed and had a really good time.



In October we said farewell to **Kerry** who had been a valuable member of our team for over 6 years, all the tenants and staff clubbed together to buy her a leaving gift and a surprise farewell lunch was held at the Barn Owl to wish her well in her new life up north.

We would like to say thank you to **Chris** from Ranelagh Road for giving up one of his Saturday mornings and spending it at the Bungalow setting up a computer for the tenants to use, thank you Chris or as Stuart calls you "Christmas" now the guys can get practising their computer skills.

News from Evesham Outreach

Barry Hitchcock has now completed his support and has successfully returned to employment – a great success. The team are wishing him all the best for the future.

Everyone is busy getting everything tip top ready for Christmas.

Charity Shop

Volunteer, **Rachel Cox** got her face paints out during half term to help create a spooky atmosphere for customers at the charity shop.

Thank you to **Jack Jones** who has kindly donated a Christmas Tree to us – it will look great.

Our Christmas window display has had high praise – we had customers taking photos and asking whether Mary Portas (The Queen of Charity Shops) herself had dressed it! Come on down and take a look at what all the hype is about.

We need willing and able volunteers to come and support client volunteers in the charity shop as part of their volunteer placements – for more information contact Mo or Claire on 01905 729729

Day Ops

Hayley Brown has been putting her artistic talents to good use at the Day Opportunities and has produced two canvas pictures depicting the SAS Logo on behalf of Combat Stress (raising awareness of stress related issues that military personnel can experience during their careers.) Hayley is donating her fantastic works of art to the 104th Regiment Royal Artillery Volunteers (Territorial Army Worcester). When Hayley presents the pictures the local press will be there to take photos and promote Headway's name – congratulations Hayley! It is hoped that the Territorial Army will also do some fundraising for us. Some of the Tuesday group went on a trip to Webbs Garden Centre, which was enjoyed by all. It was lovely as it had all the Christmas decorations up so it got everybody in the Christmas spirit!!! Helen has arranged to display art work at the Worcester Arts Workshop. This will be displayed next year and will cover ABI week in May.

Sponsor our Newsletter:

We are looking for sponsors for the Newsletter to help cover the costs of printing it. In exchange we will print a banner on the Newsletter with your company's details. Any possible sponsors – however big or small the sponsorship, please get in contact with Claire at Headway on 01905 729729



Find us on facebook **Headway Worcester Trust Ltd** and add us as a friend.